



# FICS SYMPOSIUM

**Montreal – April 29, 2009**

**Hilton Bonaventure Hotel**

**900 de la Gauchetiere West, Montreal, QC H5A**

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*Held in association with the World Federation of Chiropractic's 10<sup>th</sup> Biennial Congress*

**Hosted by the College of Chiropractic Sports Sciences (Canada)**



*Co-Sponsors*

**Life University**

**Palmer College of Chiropractic**



## **Draft Final Program**

*February 13, 2009*

8:30 – 10:30

**FICS Assembly of Members** – *All Symposium registrants welcome to attend*

11:00 – 12:30

**Session 1 – Clinical Practice Lectures**

**Moderator:** Brian Seaman, DC, FCCSS(C), Board Member, CCSS(Canada)

**Welcomes:** Roland Noirat, DC ICSSD, President, FICS

Gregory Uchacz, DC FCCSS(C), President, CCSS(Canada)

Four 20 minute lectures and discussion

1. *Case-Based Approach: Functional Assessment and Intervention for a Rower with Glenohumeral Dysrhythmia* – Timothy Stark, DC DACBSO ICSSD CSCS CKTP LN (USA)
2. *The Adolescent Athlete's Shoulder: Developing Concepts* – Ed Feinberg, DC DACBSP (USA)
3. *The Importance of a Rapid and Effective Clinical Assessment Protocol in the Diagnosis of Complete Distal Biceps Tendon Ruptures*, Jeff Cubos, DC CSCS (Canada)
4. *Accelerated Recovery: Time, Training and Trepidation*, Russ Ebbets, DC MS MEd CCSP (USA)

12:30 – 2:00

***Luncheon***

2:00 – 3:30

**Session 2 – Original Research**

**Moderator:** Glen M. Harris, BSc, DC, FCCSS(C), 1st Vice-President, CCSS(Canada)

Six 10 minute research presentations and a 20 minute lecture

1. *Perception of Musculoskeletal Injury in Professional Dancers: Pilot Test and International Comparison* – **Craig Jacobs**, David J. Cassidy, DC, Pierre Coté, Eleanor Boyle (Canada)
2. *Improvement of Performance of Ballet Dancers with Articular Manipulative Therapy*, Eloisa Usui, **Eduardo Bracher** (Brazil)

3. *Disordered Eating, Menstrual Disturbances and Bone Density Loss in Dancers: A Systematic Review of the Evidence*, **Cesar A. Hincapie**, Emily Morton, J. David Cassidy (Canada)
4. *Costoclavicular Subluxation and the Overhead Athlete: Chiropractic Management of Biomechanical Induced Throwing Injuries to the First Rib*, **Laney Nelson**, Jonathan Snow, Nic Giebler (USA)
5. *A Survey of Fellows in the College of Chiropractic Sports Sciences (Canada): Their Intervention Practices and Intended Therapeutic Outcomes When Treating Athletes*, **Andrew L. Miners**, Christopher deGraauw (Canada)
6. *Chiropractic Treatment and Isokinetic Evaluation of the Lumbopelvic Area of Elite Tae Kwon Do Athletes of the Queretaro State Team in Mexico: Four Case Studies*, **Saul Luengas**, Francisco Diez, Raul Carrillo (Mexico)

*The State of the Art of Sports Chiropractic Research: Achievements and Challenges*, **Henry Pollard**, DC PhD (Australia) – 20 minutes

3:30 – 4:00

### *Afternoon Break*

4:00 – 6:00

### **Session 3 – Clinical Practice and International Games**

**Moderator:** Gregory Uchacz, DC FCCSS(C), President, CCSS(Canada)

Two 20 minute lectures and two keynote presentations

1. *The Underwater Treadmill: An Aquatic Therapy Tool in Management of Musculoskeletal Injury and Conditioning*, Willbour Kelsick, BSc, DC FCCSS(C), FCCRS(C) (Canada)
2. *VMTX Vibromax Therapeutics™, Innovative use of Vibration for Treatment*, Mohsen Kazemi, RN, DC, D Ac., FCCSS(C), FCCRS(C), DACRB (Canada)

**Keynote Presentations:** *The World Games and Chiropractic Services*

**Ron Froelich**, Germany, President, International World Games Association

**Alex Steinbrenner, DC, ICSSD**, Germany - FICS Secretary-General – 30 minutes

**Keynote Presentation:** *2010 Vancouver Olympics and Chiropractic Services*

**Jack Taunton, MD**, Canada - Chief Medical Officer, Vancouver Olympics

**Robert Armitage, DC FCCSS(C)** Canada - Supervisor, Chiropractic Services, Vancouver 2010 Olympics – 40 minutes

7:00 – 10:00

*Tom Hyde Toast and Roast Dinner*