

**Beth Antoine, DC, MS, CCSP, ATC, LAT, ATR, ITAT**

376 W. Johnson Street, Unit #4  
River Falls, WI 54022

(717) 448-0106  
beth\_antoine@yahoo.com

---

**EDUCATION**

- MHS**      **Northwestern Health Sciences University**, Bloomington, Minnesota  
Masters of Health Science in Clinical Nutrition  
Expected completion December 2017
- DC**      **Northwestern Health Sciences University**, Bloomington, Minnesota      10/2015  
Doctor of Chiropractic Degree  
Summa Cum Laude
- MS**      **Minnesota State University, Mankato**, Mankato, Minnesota      05/2010  
Masters of Science in Physical Education,  
Concentration in Psychological Aspects of Sport  
Summa Cum Laude
- BS**      **Lock Haven University of Pennsylvania**, Lock Haven, Pennsylvania      05/2005  
Bachelor of Science in Health Science  
Concentration Athletic Training  
Magna Cum Laude

**RESEARCH / TEACHING INTERESTS**

Concussions and Mental Health      Sports Nutrition  
Sport Psychology: Self-Talk Focus      Anatomy & Physiology  
Athletic Training

**LICENSURE / CERTIFICATION**

Licensed Doctor of Chiropractic, Wisconsin (5127-12), Pennsylvania (DC011094)  
Licensed Athletic Trainer, Wisconsin (1179-39), Pennsylvania (RT003760)  
Registered Athletic Trainer, Minnesota (2068)  
Certified Athletic Trainer, National Athletic Trainers' Board of Certification (060502033)  
Certified Chiropractic Sports Physician, American Board of Chiropractic Sports Physicians  
Impact Trained Athletic Trainer  
Graston Technique Certified  
American Red Cross CPR and AED for the Professional Rescuer

## **TEACHING / MENTORING EXPERIENCE**

Adjunct professor: Concordia University of St. Paul	01/2017-present
<ul style="list-style-type: none"><li>• Department of Kinesiology and Health Sciences</li></ul>	
Invited Speaker: Great Lakes Athletic Trainers' Association Annual Conference Chicago, Illinois	03/2017
Invited Speaker: Northwestern Health Sciences University Sports Medicine Grand Rounds	04/2016
Approved Clinical Instructor in Accredited Athletic Training Program: Minnesota State University, Mankato	2008-2010
Teaching Assistant: Northwestern Health Sciences University	2013-2015
<ul style="list-style-type: none"><li>• Chiropractic Methods 3</li><li>• Patient Interviewing</li><li>• Chiropractic Methods 4</li><li>• Physical Diagnosis</li><li>• Chiropractic Methods 5</li><li>• Physiological Therapeutics 2</li><li>• Neuromusculoskeletal Systems 3: Extremity Disorders</li></ul>	
Peer Tutor: Northwestern Health Sciences University, Minnesota State University, Mankato, Lock Haven University Of Pennsylvania	2013-2015 2008-2010 2003-2005
Athletic Training Education Mentor for high school students wishing to pursue a career in athletic training: Somerset High School, Bishop McDevitt High School	2005-2008 2014-present

## **RELATED PROFESSIONAL EXPERIENCE**

<b>Horizon Family Chiropractic</b> , River Falls, Wisconsin	2016-present
Doctor of Chiropractic	
<ul style="list-style-type: none"><li>• Establish standards for and provide patient care</li><li>• Management of treatment plans and rehabilitation of neuromuscular conditions</li><li>• Administer patient education and development of care plans</li></ul>	
<b>Somerset High School</b> , Somerset, Wisconsin	2014-present
Head Certified Athletic Trainer	

- Manage the development of the sports medicine program
- Provide health and athletic training services for athletes on campus
- Administer immediate care of athletic injuries
- Provide evaluation, treatment and rehabilitation of athletic injuries
- Organized and provide medical coverage at practices and events

**Institute for Athletic Medicine, Fairview Health Services, Minneapolis, MN** 2012-present  
Casual Certified Athletic Trainer

- Administer immediate care of athletic injuries
- Provide evaluation, treatment and rehabilitation of athletic injuries
- Organize and provide medical coverage at practices and events

**Catalyst Sports Medicine, Hudson, Wisconsin** 2014-present  
Casual Certified Athletic Trainer

- Administer immediate care of athletic injuries
- Provide evaluation, treatment and rehabilitation of athletic injuries

**St. Croix Regional Sports Medicine, St. Croix Falls, Wisconsin** 2010-2012  
Head Certified Athletic Trainer, St. Croix Falls High School

- Administer immediate care of athletic injuries
- Provide evaluation, treatment and rehabilitation of athletic injuries

**Minnesota State University, Mankato, Mankato, Minnesota** 2008-2010  
Graduate Assistant Certified Athletic Trainer

- Responsible for athletic training coverage of Division 1 Women's Ice Hockey
- Approved Clinical Instructor responsible for supervising and instructing athletic training students

**Central Pennsylvania Rehabilitation Services, Camp Hill, Pennsylvania** 2005-2008  
Head Certified Athletic Trainer, Bishop McDevitt High School, Harrisburg, Pennsylvania

- Administer immediate care of athletic injuries
- Provide evaluation, treatment and rehabilitation of athletic injuries

**Harrisburg City Islanders, Harrisburg, Pennsylvania** 2006-2008  
Assistant Certified Athletic Trainer

- Administer immediate care of athletic injuries
- Provide evaluation, treatment and rehabilitation of athletic injuries of MLS Semi-professional soccer team

## **COMMUNITY INVOLVEMENT**

- Girl Scout of America 2001-present
- Assisted with planning and development of programming  
American Foundation for Suicide Prevention Community Walks 09/2015, 09/2016  
American Foundation for Suicide Prevention Out of The Darkness  
Campus Walk 05/2016
  - Assisted director with planning and coordination of event  
Breast Cancer 3-Day, Philadelphia, Pennsylvania 2006-present
- Sports Medicine Crew Captain 2008-2011
- Managed scheduling of and evaluation of team members
  - Coordinated and administer immediate care of injuries to all walkers, crew and staff
  - Provide evaluation, treatment and rehabilitation of athletic injuries
  - Attended all crew trainings and pre-event conference calls and meetings
- Breast Cancer 3-Day Walk, Minneapolis/St. Paul, Minnesota 2009
- Administer immediate care of injuries of all walkers, crew and staff
  - Provide evaluation, treatment and rehabilitation of athletic injuries

## **PROFESSIONAL ORGANIZATIONS**

- 2016-present American Chiropractic Association  
2015-present American Chiropractic Association Sports Council  
2008-present Great Lakes Athletic Trainers' Association  
2003-present National Athletic Trainers' Association

## **HONORS AND AWARDS**

- National Athletic Trainers' Association Doctoral Scholarship Recipient, June 2014  
Girl Scout Episodic Volunteer Award, June 2012  
National Athletic Trainers' Association Graduate Scholarship Recipient, June 2009  
Girl Scout Outstanding Volunteer Award, June 2006  
National Athletic Trainers' Association Undergraduate Scholarship Recipient, June 2004  
Girl Scout Gold Award, May 2001

## **PROFESSIONAL PRESENTATIONS AND PUBLICATIONS**

- Concussion and Mental Health. Northwestern Health Sciences University Sports Grand Rounds  
Presentation. 2015, April.

Kamphoff, C., Hamson-Utley, J., Antoine, B., Knutson, R., Thomae, J. & Hoenig, C. (2010). Athletic Training Students' Perceptions of and Academic Preparation in the Use of Psychological Skills in Sport Injury Rehabilitation. *Athletic Training Education Journal*, 5(3), 109-116.

Antoine, B. (2010). Self-Talk: An Investigation into Injured Athletes' Self-Talk and Effectiveness. Graduate Manuscript.

Minnesota State University, Mankato. Graduate Research Conference Poster Presentation. Athletic Training Students' Perceptions of and Academic Preparation in the Use of Psychological Skills in Sport Injury Rehabilitation. (2009).

Antoine, B., Delio, E., Parrish, B. & Ingram, Y. (2005). Poster Presentation Pennsylvania Athletic Trainers' Society Annual Conference. An Analysis of Stress Levels in Athletic Training Education Program Students at Lock Haven University.